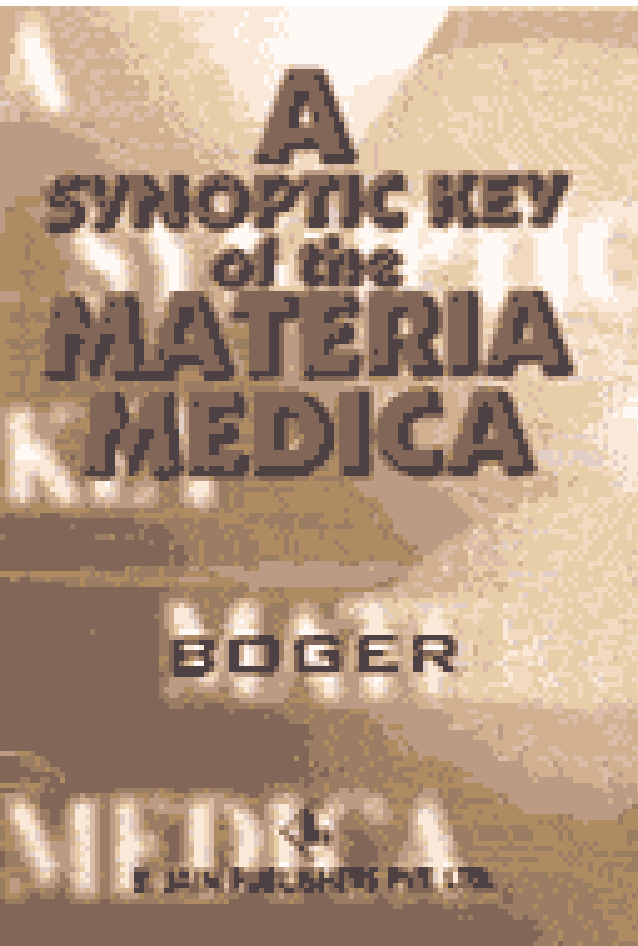


A Synoptic Key To The Materia Medica

By

Dr. C.M. Boger



 Author :- Dr. Cyrus Maxwell Boger

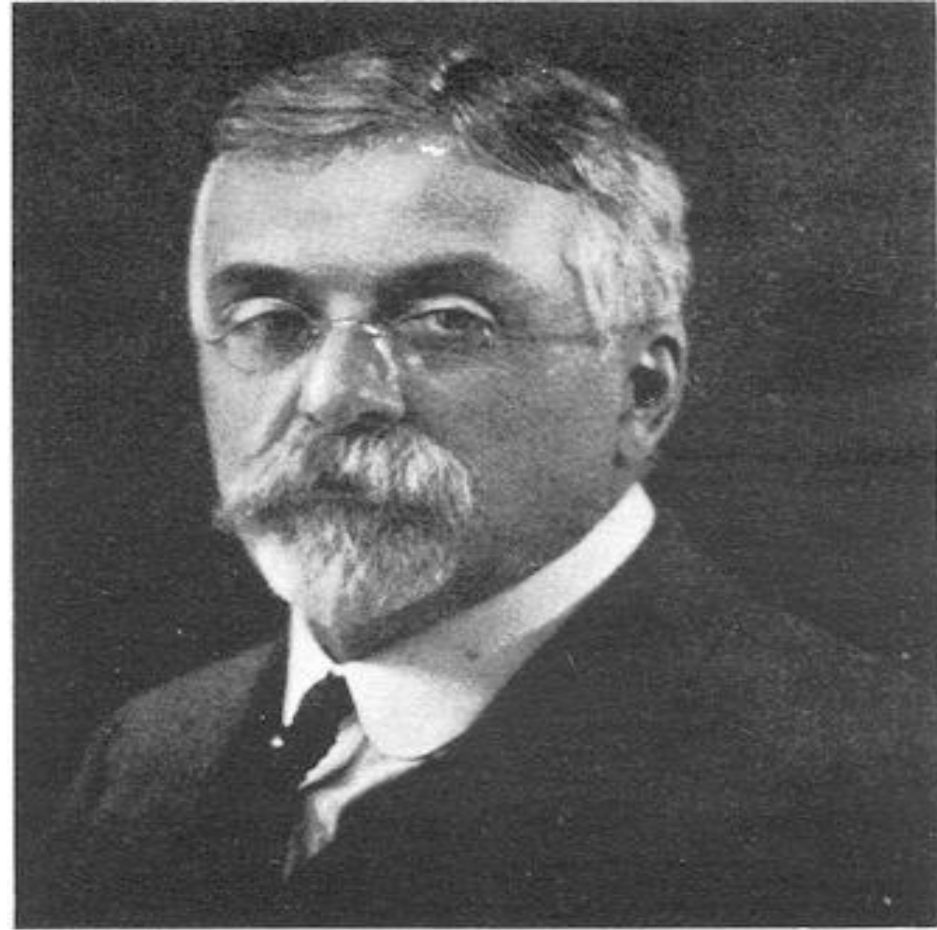
 Year of Publication :- 1931, C.M. Boger.

 Edition :- 5th

 No of remedies in Repertory part :- 489

 No of remedies in Materia Medica part :- 323

The strain which runs through every pathogenetic symptom complex has been called the "genius" of the drug. To give this its proper place in the prescription should be the ideal of every prescriber.



Docteur C.M. Boger (1861-1935)

Dr.C.M.BOGER.(1861-1935)

The work is useful
if "well understood."
Thus said, this
volume could serve
as the only book
one might need
as a reference for
general practice.



Dr. S.R. Phatak.
(1896 -1981)

Boger is one whose entire being
oozed the ability to abstract, condense,
and then condense further. His writing,
likewise, is condensed and abstracted,
and one can easily miss the depth of
meaning because a paragraph is so short.

Julian wingston.

Agnus castus

Region

- SEXUAL ORGANS.
- MIND.
- Nerves.
- Eyes.

Description

- **IMPOTENCY AND PREMATURE OLD AGE.**
- Jaded rakes.
- Symptoms
- Distraction.
- **BAD MEMORY.**
- Sad and despairing; repeats that he will soon die.
- Cold, relaxed genitals.
- Spermatorrhoea.
- Gnawing-itching; agg. eyes.
- Agalactia.

Related

- Old. Pho-ac.

Worse

VENERY.
Sprains.

Birth – 13th may 1861 in Annville, Western
Pennsylvania

Death – 2nd sep 1935 (at the age of 74).

Parents - Professor CYRUS and
ISABELLE MAXWELL BOGER.

Graduation – In Pharmacy from Philadelphia
College of Pharmacy,
later Philadelphia College of Medicine,
Hahnemann Homoeopathic Medical College,
Philadelphia.

Practice - Parkersburg U.S.A. since 1888.

Other books by author

- 1900 – *Translation of “A systematic alphabetic repertory of homoeopathic remedies- Boenninghausen.*
 - 1905 – *Boenninghausen’s characteristics and repertory.*
 - 1906 – *The times of remedies and moon phases.*
 - 1915 – *Synoptic key.*
 - 1928 – *Card index repertory & general analysis.*
 - 1931 onwards – *Studies in Philosophy of healing and several other articles.*
- C.M.Boger’s collected writings* by Robert Bannan - 1993

About the book in brief

A
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b
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b

About the book in brief

- ⊕ The entire book consists of three parts *excluding foreword* which is given by *author himself* in the beginning of the book.
- ⊕ 1st part : Analysis (Repertory)
- ⊕ 2nd part : Synopsis (Materia medica)
- ⊕ 3rd part : Miscellaneous (Consist of....

Table of the approximate duration of action of remedies.

Complementary remedies.

Antagonistic remedies.

Supplementary reference table.

Foreword

by

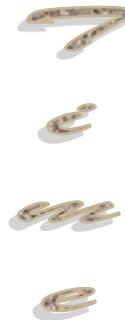
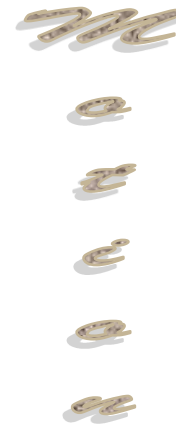
Dr. C. M. Boger

- ⊕ Aim of the book.
- ⊕ Hints about case taking.
- ⊕ Vital importance or first importance to physical generalities like, Causation, Time, Motion, Pressure, Discharges etc.
- ⊕ Consideration of mental state like fear, sadness, after physical generalities.

- ⊕ The third importance to the *sensation* like burning, cramping, thirst, etc, narrated by the patient by own.
- ⊕ The fourth importance to the *entire objective aspect* like facial expression, restlessness, odour, color, etc
- ⊕ The final importance to the *parts* affected, like organs, sides, & diagnosis.
- ⊕ Role of *antimiasmatic* remedy.
- ⊕ Selection of *potency & repetition* of remedy.
- ⊕ The importance of *repertory*.

MODALITIES

CAUSATION. TIME.
TEMPERATURE.
WEATHER.
OPEN AIR.
POSTURE.
MOTION.
EATING AND DRINKING.
SLEEP. IF ALONE.
PRESSURE. TOUCH.
DISCHARGES.



**M
I
N
D**

IRRITABILITY.
SADNESS.
FEAR.
PLACIDITY.

W
O
R
L
D



Rasmus Lindersson



W
O
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D

Irritability



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BURNING. CRAMPING.
CUTTING. BURSTING.
SORENESS. THROBBING.
THIRST.



Bursting



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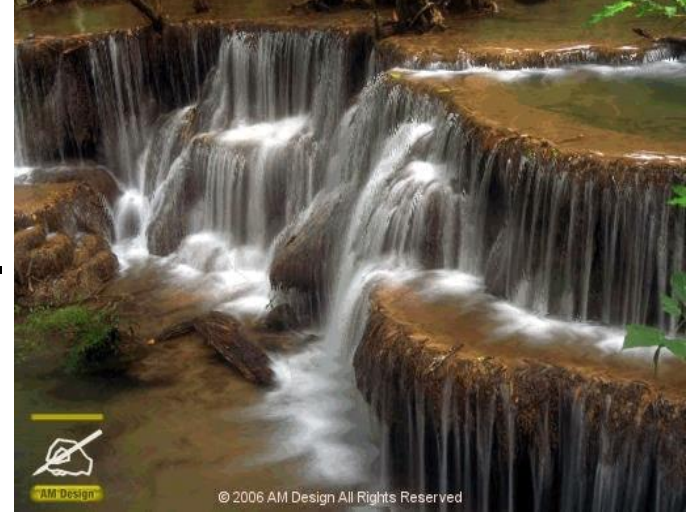


**O
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DEMEANOR.
RESTLESSNESS.
NERVOUS EXCITABILITY.
FACIAL EXPRESSION.
TORPOR.
SECRETIONS.
COLOR.
ODOR.



**C
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Restlessness

facial expression



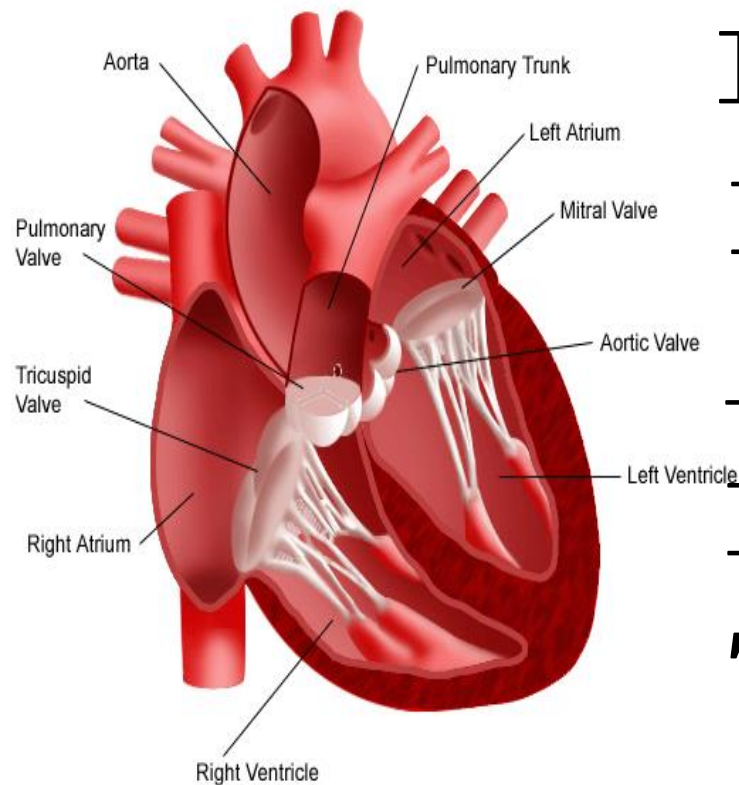
PARTS AFFECTED

Organs.
Right.
Left.

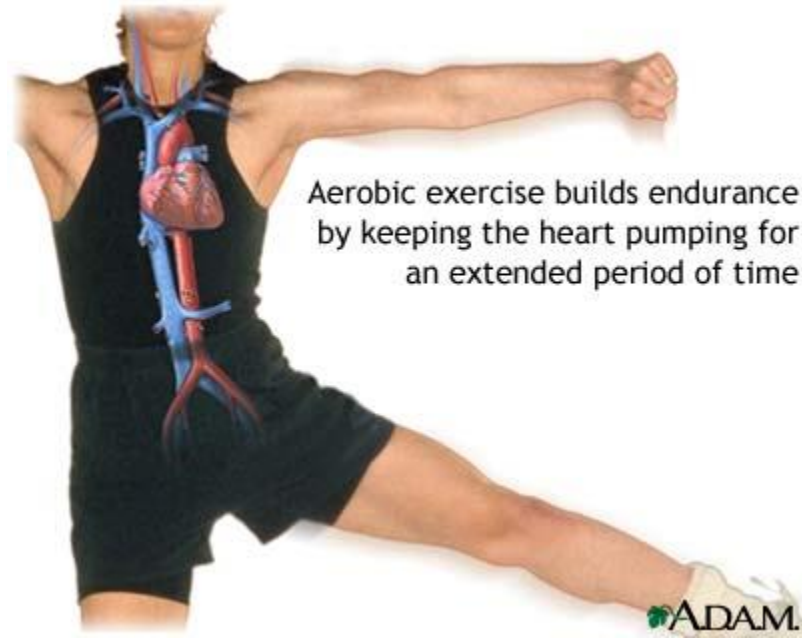
E
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E



Valves of the Heart



H
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T



Aerobic exercise builds endurance
by keeping the heart pumping for
an extended period of time

L
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PHILOSOPHY

PARTICULAR TO GENERAL

*Plan and construction Of
repertory part.*

- Repertory section or 1st part 489 and Materia medica or 2nd part contains 323 medicines.
- Arranged in anatomical section wise started from chapter intellect, p-49, and ends with sweat, p-105.
- Chapters are almost similar to “Boger’s boenninghausen’s characteristic repertory”.

- In the beginning of almost chapters *remedies in generals* of that section are written, ex :- Ears p-62, Face p-65.
- Rubrics from location (lips), sensation (empty), modalities (sitting), concomitants (menses before and after), extension (to arms), *almost* present in every chapters.
- Rubrics are written in *capital roman letters*,
ex :- DUSKY COLOR.
- Sub rubrics are written in *small bold letters*,
ex :- **senile.**

✿ Wherever is necessary *cross reference is* given,
ex :- DRAGGING. See falling. P-35.

✿ *Three types of gradation* is present like in kent's
repertory.

ex :- **ARG-N.** CAPITAL ROMAN(3marks)

Arg-n . Bold roman, (2marks)

Arg-n . Normal roman(1mark)

✿ In almost all chapters rubrics
are arranged in *alphabetical* order like
(epigastrium, p-75, but not in all chapters like
(urinary organs) p-83.

✿ *Concomitants* are written in last of some
chapters,

(Ex:- leucorrhoea, respiration), p-86,87,
but not in all chapters like (ex:- cough,
mammae),p-87,91.

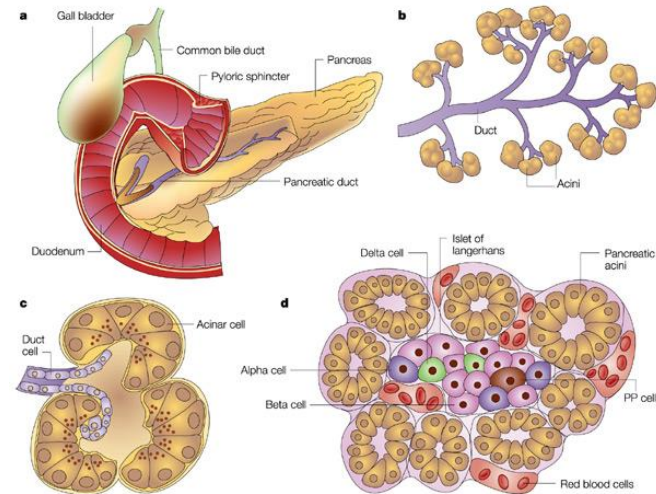
Analysis / Repertory part

Consists of the following section -

- *The periods of aggravation.*

- ⊕ *Conditions of aggravation & amelioration.*

- ⊕ *Generalities.*
- Regional repertory.*





TIME



CONDITIO.



GENERA.



INTELLE.



MIND



VERTIGO



HEAD



EXTERNA.



EYES



VISION



EARS



HEARING



NOSE AN.



FACE



TEETH



GUMS



PALATE



TONGUE



MOUTH A.



SALVA



TASTE



APPETITE



AVERSIO.



THIRST



CRAVING.



WATERB.



HEARTB.



QUALMIS.



HICCOU.



NAUSEA



REGURGI.



RETCHIN.



VOMITING



ERUCTAT.



EPIGASTI.



STOMAC.



EXTERNA.



HYPOCH.



FLATULE.



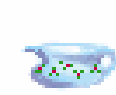
GROINS



ANUS AN.



PERINEUM



STOOL



MICTURITI.



URINE



SEDIMENT



URINATI.



URINARY.



GENITAL.



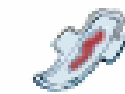
MALE OR.



FEMALE .



SEXUAL I.



MENSTR.



LEUKOR.



RESPIRA.



COUGH



LARYNX .



VOICE A.



EXTERNA.



NECK (N.



CHEST A.



EXTERNA.



AXILLAE



MAMMAE



NIPPLES



HEART, C.



BACK, S.



SCAPUL.



DORSAL .



LUMBAR .



SACRUM



UPPER LI.



LOWER L.



SKIN



SLEEP



DREAMS



CHILL, C.



HEAT



SWEAT

The periods of aggravation
Page 2-4.



The periods of aggravation

This chapter consists of 5 rubrics,

- ⊕ Periodically in general agg,
 - ⊕ Morning agg, (P-2)
 - ⊕ Afternoon agg, (P-2)
 - ⊕ Evening agg, (P-2)
 - ⊕ Night agg. (P-2)
- The hourly timing
starting from 6A.M. to 5A.M.
(P-2)

The important sub-rubrics present in this chapter are

- Every 4th day agg, (P-2)
- Every 10th day agg, (P-2)
- Every 6th wk agg, (P-2)
- Morning & evening agg. (P-2)

Condition of aggravation and amelioration

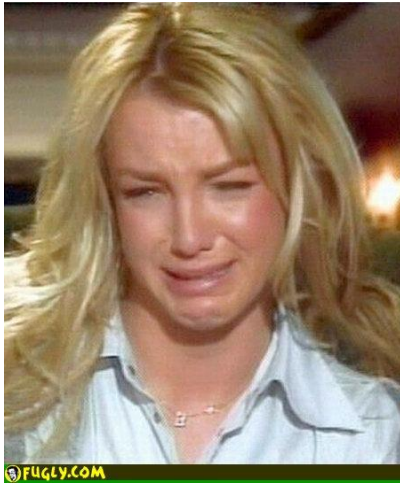
Page 4 - 30

Flexibility exercises help stretch muscles, protect against injury and allow the maximum range of motion for joints



- ⊕ This chapter contains many aggravation rubrics & few amelioration rubrics.
- ⊕ Total rubrics -127
- ⊕ Cross references - 15
- ⊕ It consist of both mental & physical agg & amel in general.
ex :- Emotion, mental excitement etc agg. (P-22)
Mouth opening the, agg. (P-26)
- ⊕ Though separate mind chapter is present, mind modalities are present in this section.
ex :- Inattention agg (p-24).

Important rubrics present in this chapter are



Females agg (P-22)



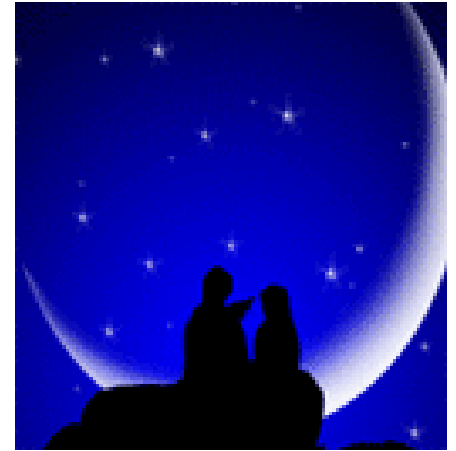
⊕ Featherbed agg (P-22)

⊕ Hair combing or brushing agg,(P-24)

⊕ Inattention agg, (P-24)



⊕ Moon phases, full moon etc agg,(P-25)



Seasons, spring,
melting snow etc,
agg,(P-28)



Generalities

Page 30-49.

- ⊕ Consideration of drug affinities for entire organism.
- ⊕ Consists of 373 total no of rubrics, with 110 cross reference.
- ⊕ Though mind separate chapter is present, here also some mind rubrics present, like delusion, delirium etc present.
- ⊕ Almost all types of rubrics present here, like
sensation (drawing) (p-35), clinical (anaemia) (p-30), pathological (aneurism) (p-30)etc.

- Important rubrics present in this chapter are,

- ⊕ Poisoned feeling, P-42.
- ⊕ Sensitive to medicine, P-40.
- ⊕ ILL or sick feeling, P-38.
- ⊕ Pregnancy, childbed etc, P-42.

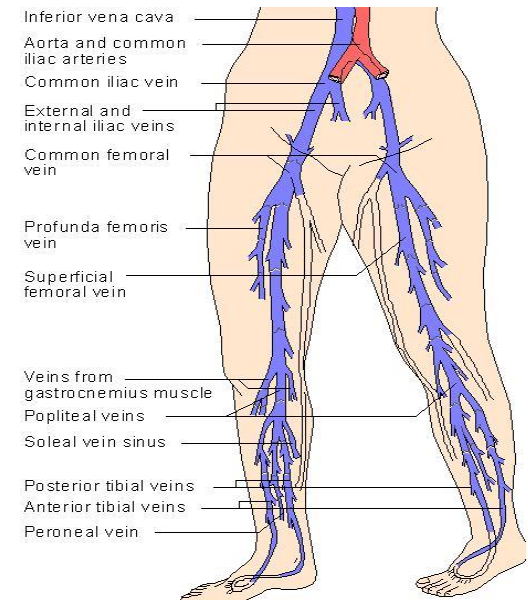


- ⊕ Climaxis, P-32.
- ⊕ Old age senility, P-41.
- ⊕ Puberty and youth, P-42
- ⊕ Venosity, P-48.



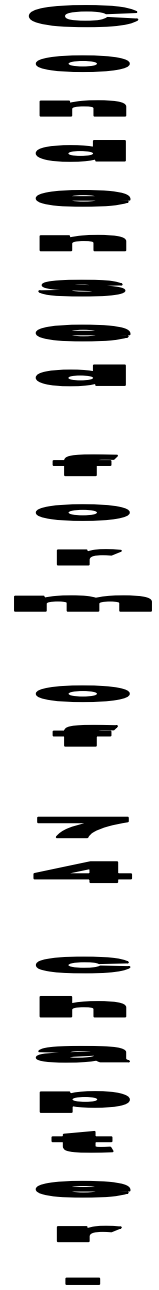
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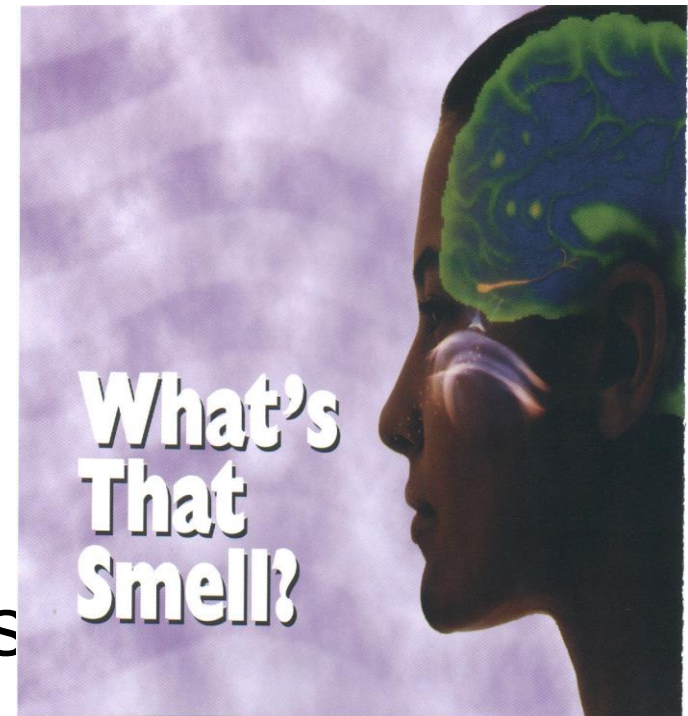
Regional repertory
Page 49-105

- Intellect & mind
- Head
- Eyes
- Ear
- Nose
- Face
- GI system
- Urinary system
- Genital system
- Respiratory system
- Chest
- Locomotor system
- Skin
- Sleep
- Fever



It consists of 74 chapters, they are as follows.

1. Intellect
2. Mind
3. Vertigo
4. Head
5. External head
6. Eyes
7. Vision
8. Ears
9. Hearing
10. Nose & accessory cavities



11. Face

12. Teeth

13. Gums

14. Palate

15. Tongue

16. Mouth & throat

17. Saliva

18. Taste

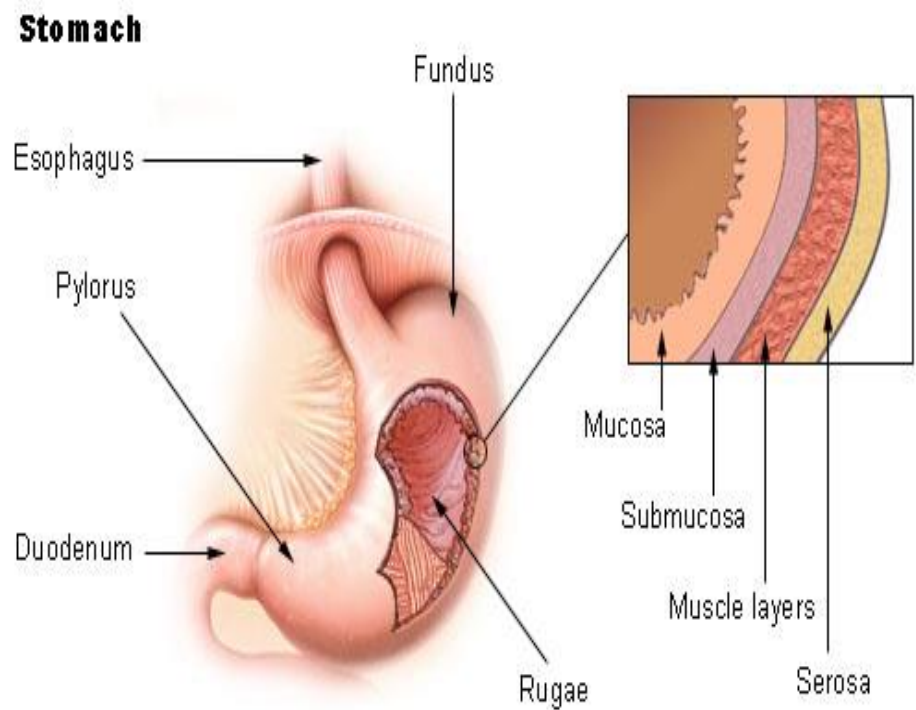
19. Appetite

20. Aversions

21. Thirst



- 22. Cravings & Desires
- 23. Water brash
- 24. Heartburn
- 25. Qualmishness
- 26. Hiccough
- 27. Nausea
- 28. Regurgitation
- 29. Retching & gagging
- 30. Vomiting
- 31. Eructation
- 32. Epigastrium
- 33. Stomach and abdomen



34.External abdomen

35.Hypochondriae

36.Flatulence

37.Groins

38.Anus and rectum

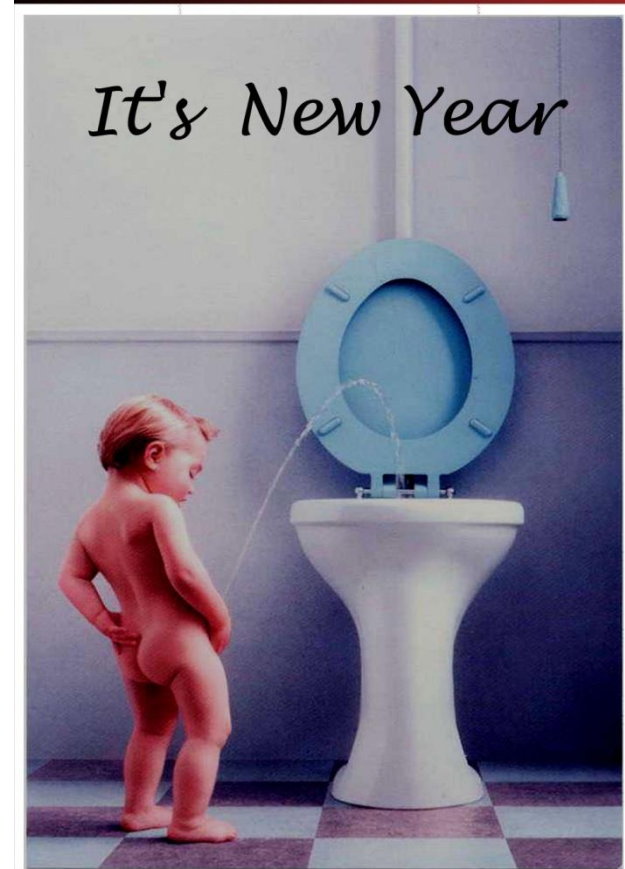
39.Perineum

40.Stool

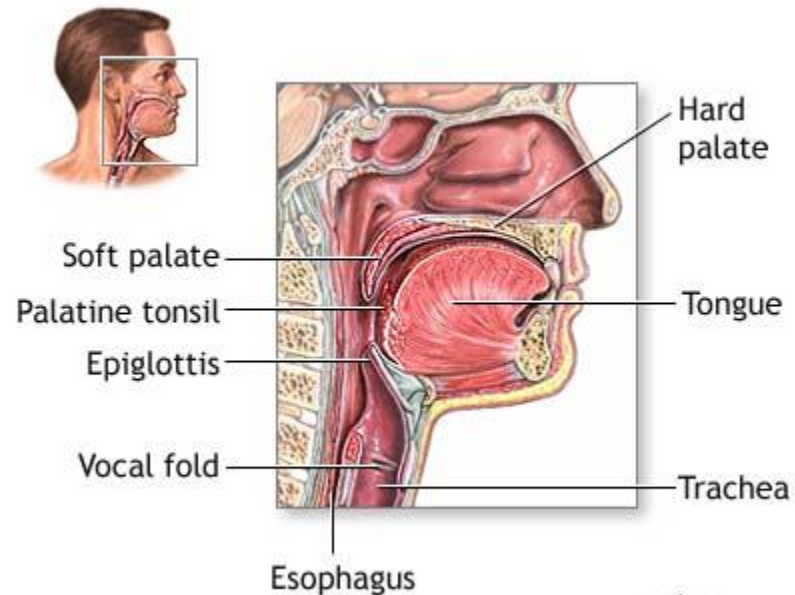
41. Micturation

42.Urine

43.Sediment



- 44. Urinary organs
- 45. Genitals
- 46. Genitals male organs
- 47. Genitals female organs
- 48. Sexual impulse
- 49. Menstruation
- 50. Leucorrhoea
- 51. Respiration
- 52. Cough
- 53. Larynx & trachea

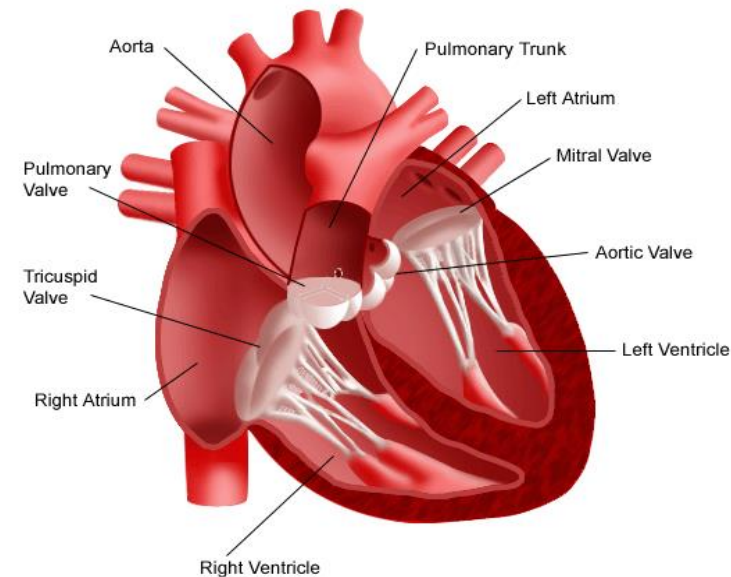


- 54.Voice and speech
- 55.External throat
- 56.Neck (nape)
- 57.Chest & lungs
- 58.External chest
- 59.Axillae
- 60.Mammae
- 61.Nipples
- 62.Heart circulation and pulse
- 63. Back spine and cord
- 64. Scapular region

Taking a Pulse



Valves of the Heart



65.Dorsal region

66. Lumbar region

67.Sacrum

68.Upper limbs

69.Lower limbs

70.Skin

71.Sleep

72.Chill, chilliness, coldness, etc.

73.Heat

74.Sweat



Mind & intellect

- Intellect is the 1st chapter of regional repertory which contains only the remedies in general.
- No sub rubrics present in this chapter.
- Mind Chapter consist of 130 number of rubrics with 11 cross references.
- Important rubrics present in this chapter are
 - Animation (P-49)
 - Critical (P-50)
 - Foolish (P-51)
 - Pompous important. (P-53)

Intellect – affection in general

- Mind

number of rubrics - 130

cross references - 11

Important rubrics -

Animation (P-49)

Critical (P-50)

Foolish (P-51)

Pompous important. (P-53)

Vertigo

- It consist of 6 rubrics excluding remedies in general.
- It consist of few location, sensation and modalities. Ex:- Lying agg, (modalities p-54).

Head & external head

- Head consists of 81 & external head consist of 15 numbers of rubrics.
- Almost every types of rubrics present in this chapter.
- Important rubrics present in this chapter are

Meninges (P-54)

Diuresis with (P-56)

School girl agg (P-57)

Sunshine agg (P-58)

Eye & vision

- Eyes consists of 40 & vision consists of 15 number of rubrics.
- Eye consists of many location rubrics like eyeball, cornea etc.
- Eyes and vision chapter consist of important rubrics like Squint, p-61, Lippitude, p-61, Paralysis of optic nerve p-62, Glimmerings p-61.

Ears & Hearing

- Ears & Hearing chapters consists of 22 & 5 rubrics.
- Important rubrics present in Ear and hearing chapter are, Drum perforated, p-62, Urinary symptoms with, p-62, Paralysis auditory, p-63.

Nose & accessory cavities

- Chapter consists of 37 rubrics.
- Contains various types of rubrics like, pathological, polypi p-64, ulcer p-65.
- Nose and accessory cavities contains important rubrics like Alae, p-64, Polypi, p-64, Saddle across p-64.

Face

- Chapter consists of 55 rubrics, with many sub rubrics.
- It consist of many location , sensation, and pathological rubrics.
- Face contains important rubrics like Chewing motion, p-66, Eating amel, p- 66, Frightened look, p-66.

Teeth, Gums & Palate

- Teeth 26, gums 11 and palate consist of 5 number of rubrics.
- Teeth consist of various types with location, and types of teeth rubrics. Ex:- Lower, Molar. P-68.
- Gums and palate consist of few rubrics without any sub rubrics.

Tongue

- Chapter consists of 35 rubric with very few sub rubrics.
- Important rubrics under Tongue are, Diagonally, p-69, Papillae showing p-69, Foam beads p-69.

Mouth & Throat

- Chapter consists of 44 rubrics with very few sub rubrics.
- Here almost types of rubrics like location tonsil, eustachian tube p- 70, sensation coated feeling p-70, modalities cold agg p-70, pathological diptheria, tonsilitis p-70 are present.
- Mouth and throat chapter contains important rubrics like Foam from, p-71, Glistening, p-71.

- Saliva 8 and Taste consists of 19 rubrics with very few sub rubrics.
- Appetite consist of 4 and Aversion 1 number of rubrics.
- Thirst 5 & Craving and aversion 17 number of rubrics.
- Heartburn, Hiccough, Regurgitation etc containing no rubrics.

- Nausea 6 Vomiting18 and Eructation consists of 12 number of rubrics.
- Important rubrics under Vomiting are At once, Fecal, Worm (p-75).
- Epigastrium consists of 14 number of rubrics.
- Here important rubrics are Anxiety at, Upward (p-76) .

Stomach & Abdomen

- Consists of 54 number of rubrics with few sub rubrics.
- Almost types of rubrics are present here.
- Important rubrics of this chapter are Digestion disturbed p- 76, Fermentation in p-77, Ulcer & ulcerative feeling p-77 etc.

- External abdomen 2, Hypochondriae 16 and Flatulence consists of 10 number of rubrics.
- Under hypochondriae, Liver and right arm rubrics important. P-78.
- Under flatulence chapter, Up and down passing amel important. P-79.

- Groin consists of 7 rubrics.
- Hernia present under Groin chapter, p-79.
- Anus and rectum consists of 18 rubrics.
- Perineum consists of 2 rubrics.
- Stool consists of 50 rubrics with concomitant.
- Important rubrics under Stool are, Meat water like, p-81, Rice water p-81.
- Micturition consists of 13 rubrics.
- Urine consists of 18 rubrics.
- Sediment consists of 10 rubrics with concomitant.

- Urinary organs consists of 4 location rubrics with many subrubrics.
- Genitals consists of 2 rubrics.
- Male organs consists of 11 rubrics.
- Female organ consist of 21 rubrics. Adherent placenta and puerperal infection, under female organs, P-84,85,
- Sexual impulse consists of 6 rubrics. Infertility under Sexual impulse, P-85.

- Menstruation consists of 1 rubrics with 1 cross reference.
- Leucorrhoea consists of 2 rubrics with concomitants.

Respiration

- This chapter consist of 28 no, of rubrics with 1 cross references and concomitants.
- The special rubrics present in this chapter are,

Palpitation with. (P-87)

Pains during the. (P-87)

Light, shallow. (P-86)

Breathe again, can't. (P-86)

- Cough consists of 21 rubrics with time modalities.
- Larynx & trachea consists of 16 rubrics.
- Here important rubrics is Tuberculosis of P-88.
- Voice and speech consists of 21 rubrics.
- External throat consists of 6 rubrics.
- Neck consists of 9 rubrics.

Chest & lungs

- This chapter consist of 32 no of rubrics, without cross references.
- The special rubrics present in this chapter are,

Alternating sides (P-90)

Changing about in (P-90)

Morning agg (P-90)

Axillae, Mammae & Nipple

- Axillae consist of 5, Mammae consists of 11 and Nipple consists of 5 rubrics.
- Important rubric present in Mammae is Lactation, menses before aggravation and sub rubrics are Milk escaping, spoiled. P-91.

Heart circulation & pulse

- This chapter consist of 34 number, of rubrics and 1 cross reference.
- The special rubrics present in this chapter are,

Particular remedies for valves. (P-94)

Liver symptoms with. (P-93)

Right side as if on. (P-93)

Water as if in. (P-94)

Back, Spine & Cord

- Chapter consists of many rubrics with few subrubrics.
- In the beginning remedies in general is written followed by side affinities, alternating, changing and extension rubrics is present.

Regions of back

- Back consists of Scapular , Dorsal, Lumbar & Sacrum region or chapters.
- Chapter Sacrum having no sub rubrics.
- Other chapters consists of only 13 rubrics with 1 sub rubric.

Upper & Lower limbs

- This 2 chapters consists of few location rubrics, (thigh p-97, tibia p-97) with few sensation & modalities rubrics.
- Each chapter consists of remedies in general followed by side affinities, alternating & location rubrics.
- But only rubrics of location consists of few sub rubrics. Ex :- Foot, bones or cold agg. P-97.

Skin & Sleep

- Skin chapter consist of 56 number of rubrics with 8 cross references.
- The special rubrics present in this chapter are,
Folds, flexures etc. (P-100)
Menses before agg.(P-101)
Stripes, streaks, etc, on. (P-101)
Worms. (P-102)
- Sleep chapter consists of 6 rubrics with many sub rubrics.
- Chapter started with rubrics yawning & ends with dreams.
- Dreams rubrics consists of only 5 sub rubrics.

Chill, Heat & Sweat

- These 3 chapters consists of few rubrics and sub rubrics.
- In the beginning of these chapters remedies in general of the section is written followed by few sub rubrics and rubrics.
- In these chapters sub rubrics are more than the rubrics.
- Only 2 concomitant symptom *chill sopor with, chill urinating on* present in these chapters.

Application

- We can use this book where cause is prominent.
- When the mental symptoms are lacking.
- When modalities are more marked, with time factor.
- When sensation and location is present prominently.

Synopsis / Materia medica

- An expression of the important and characteristic features of the most important remedies of the homoeopathic materia medica, with their physiological spheres and activities, modalities and relationships.
- The synopsis is intended to make clear the general expression of genius of each remedy, 323 remedies are given.
- Under each remedy at first, the part affected is given on the left hand side and the modalities given on the right hand side.
- Capital, bold, roman letters are used to express the value of symptoms.
- Complementary and related remedies are given at the end of the remedies

Miscellaneous

- Duration of action of 127 remedies are given in weeks. remedies given with numerals which mean that a particular remedy act for 3 or 4 weeks
Eg: Bell 5 means bell act up to 5 weeks.
- A list of 122 remedies with their complimentary remedies are given.
- Another list of 35 remedies with their antagonistic remedies are given.

- Supplementary reference table is a valuable additional table for ready reference to the reportorial portion in the text.
- Here the rubrics are arranged alphabetically, without any chapters with their page numbers as reference to the repertory, present in the beginning of book.

ex :- REELING- 42,43, see Gait.

Advantages

- ❖ Though it is a small book but consist of many remedies which is handy to prescribe.
- ❖ Practical and valuable information present.
- ❖ only important remedies are given in rubrics for quick reference and easy to differentiate.
- ❖ Three types of typography is used.
- ❖ Almost polychrest drugs are used.
- ❖ Mind chapters consist of many rubrics.

Drawbacks

- ❖ Very less number of rubrics and sub rubrics are present.
- ❖ Nosodes and sarcodes are not well mentioned.
- ❖ In some chapters no rubrics and sub rubrics present, like waterbrash, heartburn etc, (P-74).
- ❖ Concomitants are not well presented in every chapters.
- ❖ Under some rubrics or subrubrics only one medicine is present, Hypochondriac, Cramp-Merc, P-78.

*Changes between 5th edition and “rearranged
and augmented edition” (2007)*

- ❖ In the beginning of book, publisher's note to rearranged and augmented edition present.
- ❖ Index to repertory is alphabetically arranged after the list of materia medica in the beginning.
- ❖ Repertory part which was written beginning of the book, was added with the supplementary reference table which was present last.
- ❖ 489 medicines used in repertory part, are arranged alphabetically in the last of the book.

Thank You
So Much

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