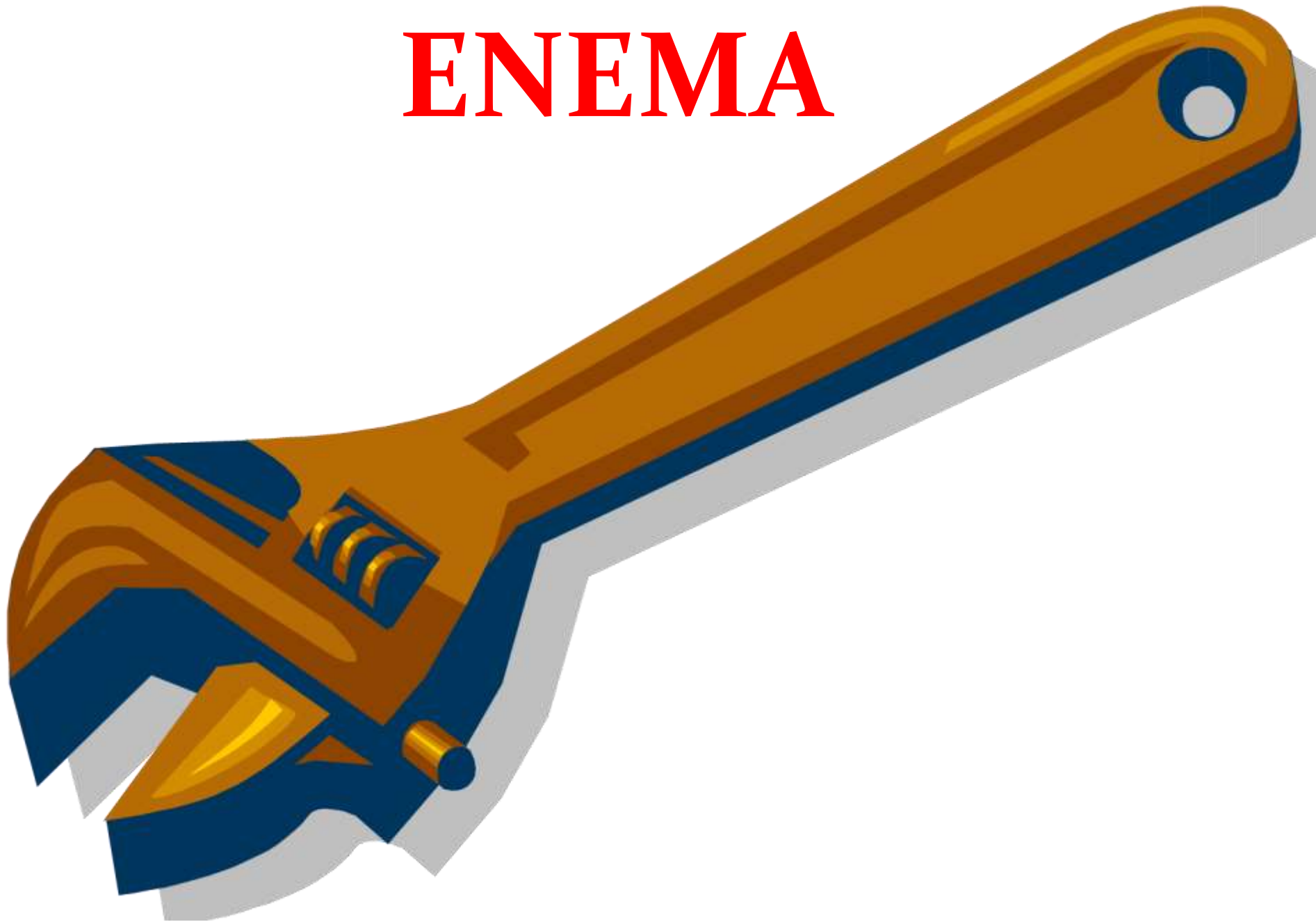
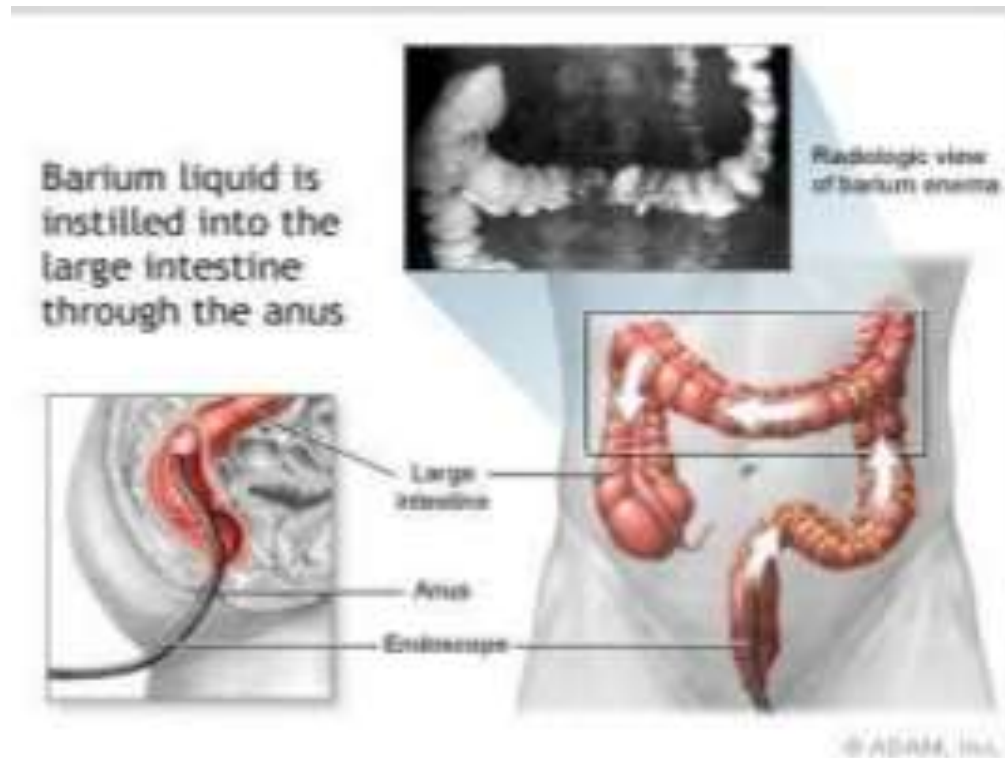


ENEMA



DEFINITION OF ENEMA

- An injection of a liquid through the anus to stimulate evacuation; sometimes used for diagnostic purposes



REQUIREMENTS

- Standard enema tube
- Enema pot
- Rubber enema catheter
- Liquid



IMPLEMENTATION

Performance

1. Introduce yourself
2. Identify the patient identity
3. Explain the procedure to the client
4. Wash hand
5. Provide patient privacy
6. Assist adult patient to left lateral position with the right leg acutely flexed as possible



IMPLEMENTATION (CONTD)

7. Put the disposable linen under the patient buttocks

8. Insert the enema tube

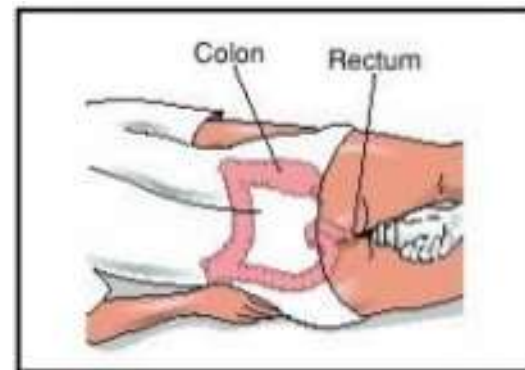
- Lift the upper buttock
- Insert the tube smoothly into the rectum, directing toward the umbilicus.
- Insert the tube 7 to 10cm
- Ask the client to take deep breath and run small amount of solution through the tube
- Never force tube or solution entry



IMPLEMENTATION (CONTD)

9. Slowly administer the enema solution

- Raise the solution container and open clamp
 - Or compress a pliable container by hand
 - Hold or hang solution container no more than 30cm above the rectum
 - Administer the fluid slowly.
10. Close the clamp, and remove the enema tube from the anus
 11. Place the enema in a disposable towel as you withdraw it
 12. Encourage the patient to return the enema
 13. Ask the client to remain lying down



TYPES

- According to size
- According to temperature
- According to ingredients





Large –Volume Enema



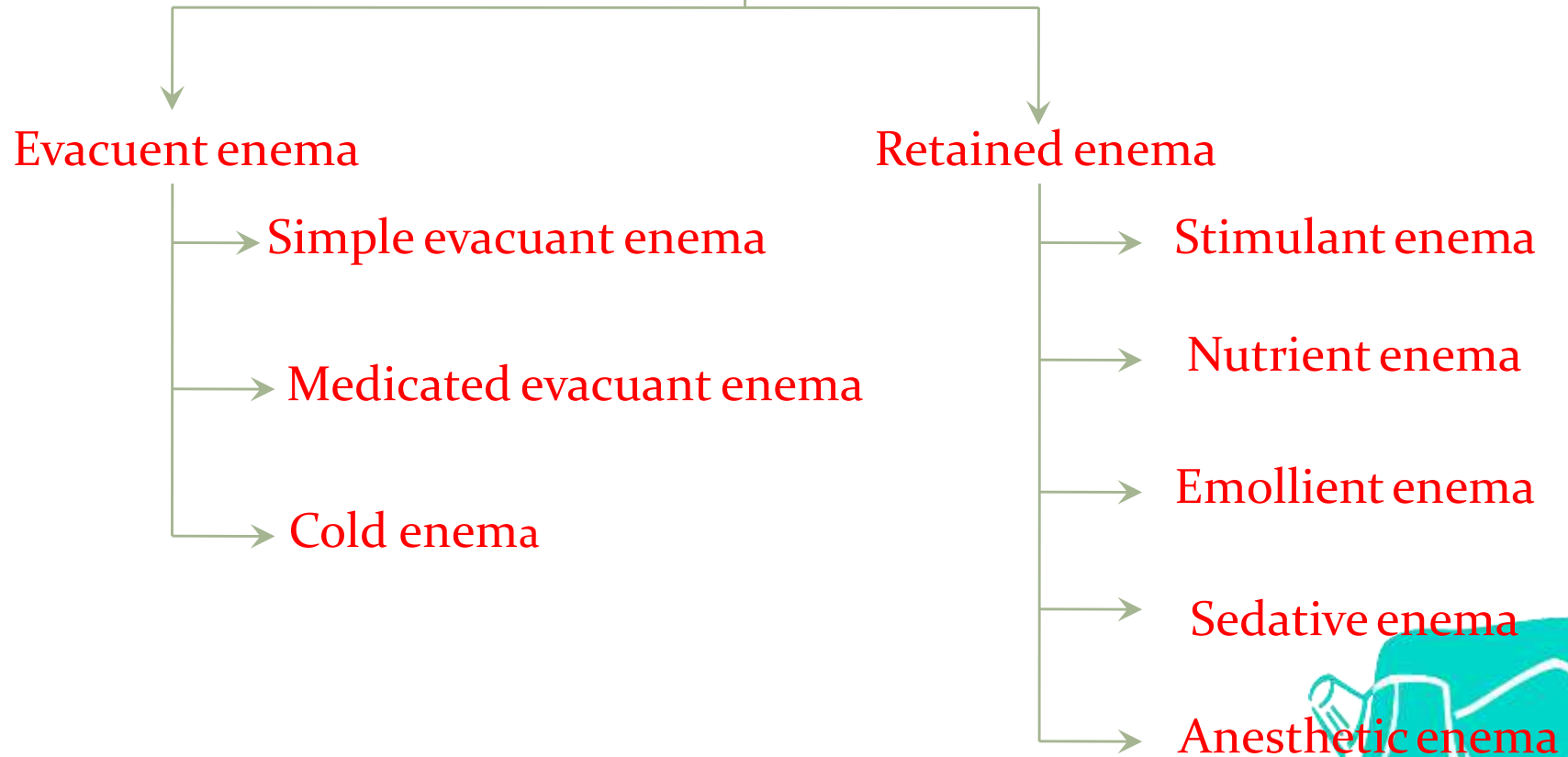
Small- Volume Enema

RECTAL DRUG ADMINISTRATION

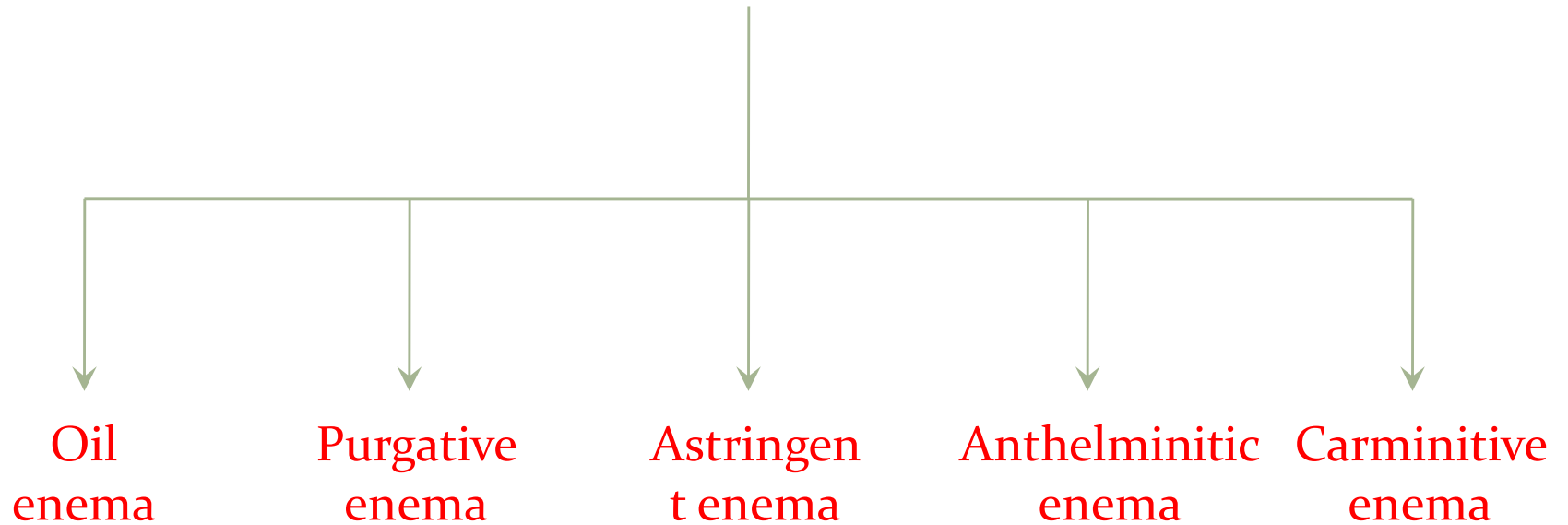
- An enema might be used to clean the colon of feces first to help increase the rate of absorption in rectal administration of dissolved drugs



CLASSIFICATION OF ENEMA



MEDICATED EVACUANT ENEMA



RETENTION ENEMA



PRECAUTION

- Air bubbles should be removed
- Deep breathing should associate the entry of water
- Proper lubrication should be utilized



CONTRAINDICATION

- Bleeding piles
- Acute inflammation of colon
- Ulcer
- Pregnancy
- Rectum malignancy

